

## Leave Substantiation for Parental/Child-Care/Adoption

### Parental/Child-Care/Adoption Leave

The most common type of use for this leave is in conjunction with a maternity medical leave.

**Documentation from your attending physician** will substantiate your leave for post-partum recovery and healing, and parental leave will facilitate the additional bonding time for your new baby. For fathers, the **physician documentation** will refer to the mother's condition and provide the substantiation for additional bonding time for new dads.

For bonding time in the case of adoption, please provide any type of **placement document** from your placement agency.